

2013 Gehlen Jays

Season Summary



“Successful people dare to fail but refuse to be defeated by failure. They keep changing themselves to face new difficulties and obstacles, and in the end win out handsomely.”

2013 - Gehlen Catholic Volleyball Roster

Varsity Squad

#	Name	Height	Position	Grade
1	Carly Bunkers	5'7"	Hitter/Backrow	10
2	Sarah Konz	5'5"	Setter	12
3	Allison Hansen	5'10"	Middle	11
	Nicole Konz	5'6"	Hitter	11
	Carli Murphy	5'9"	Hitter	11
4	Morgan Whitehead	5'10"	Middle	11
5	Mariah McCarty	5'9"	Setter	12
6	Miranda Bunkers	5'3"	Backrow	12
7	Jill Kessenich	5'6"	Backrow/Hitter	10
8	Taylor Peters	5'6"	Setter	11
9	Caitlin Murphy	5'7"	Hitter	12
10	Megan Livermore	5'8"	Hitter	12
11	Hannah Kessenich	6'0"	Middle	12
12	Becca Konz	6'0"	Middle	10
13	Baily Wiltgen	5'11"	Hitter	12
14	Alison Schnepf	5'9"	Hitter	12
15	Becca Feller	5'3"	Backrow	12

B & C Squads

#	Name	Grade
1	Brooke Harpenau	9
2	Grace Auchstetter	10
4	Catalina Uribe	9
5	Krayton Schnepf	10
6	Reanna Holton	9
7	Courtney Sitzmann	9
8	Loreto Portulas Bohigas	10
9	Amanda Richardson	9
10	Allison Hansen	11
11	Nicole Konz	11
12	Kaylee Schmit	9
13	Jade Goergen	9
14	Carli Murphy	11
15	Hedda Dolsvag	11
16	Emily Oetken	10
17	MacKenzie Schnepf	10
18	Megan McCarty	10
19	Megan Kellen	10
20	Stephanie Hueurtz	9
21	Crystal Gloden	11
22	Sydney Peters	10
23	Abigail Chagolla	11
25	Cady McCallen	9



Nickname:	Jays
Colors:	Green & Gold
Head Coach:	Mike Meyer
Asst. Coaches:	Kathy Neary Mel Lehmann
Manager:	Katie Douvia
Principal:	Jeff Alesch
A.D.:	Tony Gunter

2013 MATCH RESULTS

INSTITUTION: Gehlen Catholic (LeMars, IA)

CONFERENCE / CLASS: War Eagle / 1A

Date	H/A/N	Opponent	Match W-L	Game Scores	Cumulative Record	Opponent Class & Highest Ranking
8/29	H	*Unity Christian	L	25-22, 10-25, 16-25, 11-250-1	0-1	3A #7
9/3	A	*Marcus-Meriden-Cleghorn	W	25-7, 25-10, 25-10	1-1	1A
Sheldon Tournament						
9/7	N	Newell-Fonda	W	21-18, 21-11	2-1	1A
9/7	N	Emmetsburg	W	21-4, 21-7	3-1	2A
9/7	A	Sheldon	L	12-21, 21-13, 7-15	3-2	3A #1
9/7	N	Hinton	W	21-19, 18-21, 15-7	4-2	2A #4
9/7	N	Sibley-Ocheyedan	L	21-17, 19-21, 8-15	4-3	2A
9/10	A	*Remsen St. Mary's	W	25-17, 25-9, 25-14	5-3	1A
LeMars Tournament						
9/14	N	Sioux City West	W	21-8, 21-14	6-3	5A
9/14	N	River Valley	W	21-12, 21-9	7-3	1A
9/14	N	Sgt. Bluff-Luton	L	12-21, 16-21	7-4	3A #14
9/14	N	South O'Brien	W	21-16, 12-21, 15-6	8-4	2A
9/14	N	Hinton	L	19-21, 15-21	8-5	2A #4
9/17	H	*Remsen-Union	W	25-11, 25-17, 25-12	9-5	1A
CYO Tournament						
9/22	H	Remsen St. Mary's	W	21-6, 21-13	10-5	1A
9/22	H	Kuemper Catholic	L	15-21, 12-21	10-6	3A #3
9/22	H	Bishop Garrigan	W	21-18, 21-12	11-6	1A #10
9/22	H	Storm Lake St. Mary's	W	21-11, 21-10	12-6	1A
9/22	H	Bishop Heelan	L	12-21, 21-19, 10-15	12-7	4A #3
9/22	H	Fort Dodge St. Edmond's	W	21-16, 21-14	13-7	2A
9/24	A	*Akron-Westfield	W	25-22, 25-20, 25-22	14-7	1A
Unity Christian Tournament						
9/28	N	Sioux Center	W	18-21, 22-20, 15-12	15-7	3A #8
9/28	N	Sioux Falls Christian, SD	L	21-23, 13-21	15-8	1A #1
9/28	N	Sergeant Bluff-Luton	L	19-21, 15-21	15-9	3A #14
9/28	N	Southwest Christian, MN	W	21-12, 21-19	16-9	?
10/3	H	*South O'Brien	L	25-20, 23-25, 19-25, 25-17, 7-15	16-10	2A #13
10/8	A	*Trinity Christian	W	21-25, 25-10, 28-26, 25-21	17-10	1A
10/10	H	*West Sioux	W	25-10, 25-13, 25-20	18-10	1A
10/15	A	*Hartley-Melvin-Sanborn	W	25-17, 21-25, 25-15, 25-13	19-10	2A
10/17	H	*Hinton	L	25-27, 24-26, 17-25	19-11	2A #4
Regional Tournament						
10/22	H	Siouxland Christian	W	25-10, 25-9, 25-5	20-11	1A
10/29	H	Westwood, Sloan	W	25-23, 25-23, 25-23	21-11	1A
11/1	H	Kingsley-Pierson	W	25-14, 25-13, 25-13	22-11	1A
11/6	N	Fremont-Mills	W	25-17, 25-19, 25-11	23-11	1A #13
State Tournament						
11/13	N	Stanton	W	25-15, 25-18, 20-25, 25-22	24-11	1A #6
11/14	N	Holy Trinity Catholic	L	26-24, 21-25, 14-25, 21-25	24-12	1A #1

*War Eagle Conference match

Gehlen Catholic

Jays Volleyball - 2013

The Mission:

War Eagle Conference Champs
Make finals of all tournaments
Be Class 1A State Champions
Win IGHS AU Academic Award (3.20 Team GPA)
Successfully merge two programs
Continue the legacy of success

“We commit to...to accomplish our goals.”

...have one mind-set...
...work hard through the whole practice...
...recognizing when we are in a yellow light and pull ourselves out...
...be coachable...
...be able to trust in each other's decisions on and off the court...
...strive to play at our highest level of play at all times...
...have confidence in ourselves and our teammates...
...give our best effort in the court and in our studies...
...stay after practice for things we need to improve...
...warm up with a different person every practice...
...play with heart and love for the game of volleyball...
...always strive to help and get to know our teammates...
...not get involved in anything that would keep us from volleyball...
...put God first in our efforts...
...always represent the Gehlen Volleyball Team in a positive way...



Jays' Success Pyramid

2013 Final Varsity Statistics

Athlete	Sets	Kills	Kill Err	Attack Attempts	Kill Eff	Kills per Set	Serve Success	Serves	Serve Eff	Aces	Aces per Set
Morgan Whitehead JR	101	289	88	646	0.311	2.86	233	275	0.847	50	0.50
Baily Wiltgen SR	101	236	73	579	0.282	2.34	338	387	0.873	78	0.77
Alison Schnepf SR	101	182	70	514	0.218	1.80	4	5	0.800	0	0.00
Hannah Kessenich SR	94	165	56	425	0.256	1.76	0	0	0.000	0	0.00
Caitlin Murphy SR	77	49	36	167	0.078	0.64	110	131	0.840	14	0.18
Megan Livermore SR	51	25	21	106	0.038	0.49	25	35	0.714	3	0.06
Mariah McCarty SR	100	19	6	74	0.176	0.19	9	9	1.000	0	0.00
Taylor Peters JR	99	3	1	13	0.154	0.03	327	373	0.877	43	0.43
Becca Konz SO	3	2	0	2	1.000	0.67	0	0	0.000	0	0.00
Carly Bunkers SO	55	1	2	8	-0.125	0.02	129	144	0.896	7	0.13
Jill Kessenich SO	101	0	0	3	0.000	0.00	332	367	0.905	47	0.47
Miranda Bunkers SR	101	0	1	4	-0.250	0.00	282	307	0.919	45	0.45
Sarah Konz SR	16	0	0	0	0.000	0.00	18	19	0.947	1	0.06
Becca Feller SR	10	0	0	0	0.000	0.00	5	6	0.833	0	0.00
Allison Hansen JR	3	0	0	0	0.000	0.00	3	3	1.000	0	0.00

Athlete	Sets	Assists	Assists per Set	Digs	Digs per Set	Block Assists	Blocks Solo	Blocks Total	Blocks per Set
Taylor Peters JR	99	408	4.12	158	1.60	0	0	0	0.00
Mariah McCarty SR	100	372	3.72	40	0.40	21	8	29	0.29
Caitlin Murphy SR	77	24	0.31	95	1.23	14	3	17	0.22
Sarah Konz SR	16	23	1.44	4	0.25	0	0	0	0.00
Morgan Whitehead JR	101	18	0.18	293	2.90	52	10	62	0.61
Megan Livermore SR	51	15	0.29	26	0.51	8	2	10	0.20
Baily Wiltgen SR	101	10	0.10	248	2.46	28	19	47	0.47
Alison Schnepf SR	101	6	0.06	64	0.63	40	13	53	0.52
Hannah Kessenich SR	94	6	0.06	35	0.37	52	21	73	0.78
Miranda Bunkers SR	101	3	0.03	147	1.46	0	0	0	0.00
Jill Kessenich SO	101	2	0.02	205	2.03	0	0	0	0.00
Carly Bunkers SO	55	2	0.04	88	1.60	0	0	0	0.00
Becca Feller SR	10	0	0.00	4	0.40	0	0	0	0.00
Becca Konz SO	3	0	0.00	1	0.33	0	1	1	0.33
Allison Hansen JR	3	0	0.00	3	1.00	0	0	0	0.00

Team Totals	Record	Sets	Kills	Kill Err	Attack Attempts	Kill Eff	Kills per Set	Serve Success	Serves	Serve Eff	Aces	Aces per Set
LeMars Gehlen Catholic	24 - 12 - 0	101	971	354	2541	0.243	9.61	1815	2061	0.881	288	2.85

Team Match Statistical Highs – 2013

Team Match Season Highs

Most Aces	–	20 vs. Marcus-Meriden-Cleghorn, Sept. 3 (3 games) 18 vs. Siouxland Christian, Oct. 22 (3 games) 17 vs. Hartley-Melvin-Sanborn, Oct. 25 (4 games) Stanton, Nov. 13 (4 games) 15 vs. West Sioux, Oct. 10 (3 games) 14 vs. River Valley, Sept. 14 (2 games) Remsen-Union, Sept. 17 (3 games) 13 vs. Emmetsburg, Sept. 7 (2 games) Remsen St. Mary's, Sept 10 (3 games)
Most Assists	–	48 vs. Trinity Christian, Oct. 8 (4 games) 47 vs. South O'Brien, Oct. 3 (5 games) Hartley-Melvin-Sanborn, Oct. 25 (4 games) 45 vs. Stanton, Nov. 13 (4 games) 43 vs. Holy Trinity Catholic, Nov.24 (4 games) 40 vs. Fremont-Mills, Nov. 6 (3 games) 37 vs. Akron-Westfield, Sept. 29 (3 games) 36 vs. Unity Christian, Aug. 29 (4 games)
Most Kills	–	55 vs. Trinity Christian, Oct. 8 (4 games) 52 vs. South O'Brien, Oct. 3 (5 games) 51 vs. Hartley-Melvin-Sanborn, Oct. 25 (4 games) Stanton, Nov. 13 (4 games) 45 vs. Holy Trinity Catholic, Nov.24 (4 games) 43 vs. Akron-Westfield, Sept. 29 (3 games) Fremont-Mills, Nov. 6 (3 games) 38 vs. Kingsley-Pierson, Nov. 1 (3 games) 37 vs. Unity Christian, Aug. 29 (4 games) Siouxland Christian, Oct. 22 (3 games)
Most Blocks	–	29 vs. Trinity Christian, Oct. 8 (4 games) 15 vs. South O'Brien, Oct. 3 (5 games) 14 vs. Sioux Center, Sept. 28 (3 games) 13 vs. Remsen-Union, Sept. 17 (3 games) Kingsley-Pierson, Nov. 1 (3 games) Fremont-Mills, Nov. 6 (3 games) 12 vs. Newell-Fonda, Sept. 7 (2 games) Fort Dodge St. Edmond, Sept. 22 (2 games)
Most Digs	–	128 vs. South O'Brien, Oct. 3 (5 games) 82 vs. Trinity Christian, Oct. 8 (4 games) 67 vs. Hinton, Oct. 17 (3 games) 66 vs. Akron-Westfield, Sept. 29 (3 games) 59 vs. Holy Trinity Catholic, Nov.24 (4 games) 58 vs. Bishop Heelan, Sept. 22 (3 games) Kingsley-Pierson, Nov. 1 (3 games) 54 vs. Stanton, Nov. 13 (4 games)
*Highest Hitting %	–	.481 vs. Fremont-Mills, Nov. 6 (3 games) .468 vs. Siouxland Christian, Oct. 22 (3 games) .444 vs. Emmetsburg, Sept. 7 (2 games) .440 vs. Marcus-Meriden-Cleghorn, Sept. 3 (3 games) .424 vs. Remsen St. Mary's, Sept. 22 (2 games)
Best Serving %	–	95.8% vs. Sibley-Ocheyedan, Sept. 7 (3 games) 95.1% vs. Bishop Garrigan, Sept. 22 (2 games) 94.9% vs. Emmetsburg, Sept. 7 (2 games) Southwest Christian, Sept. 29 (2 games) 94.6% vs. Hinton, Sept. 7 (3 games) Siouxland Christian, Oct. 22 (3 games)

*Hitting Efficiency = Kills – Errors ÷ Attempts

Individual Match Statistical Highs – 2013

Individual Match Season Highs

Most Aces	–	9 Morgan Whitehead vs. Marcus-Meriden-Cleghorn, Sept. 3 (3 games) Bailey Wiltgen vs. Siouxland Christian, Oct. 22 (3 games) Bailey Wiltgen vs. Stanton, Nov. 13 (4 games) 7 Jill Kessenich vs. Remsen St. Mary's, Sept. 10 (3 games) Bailey Wiltgen vs. Hartley-Melvin-Sanborn, Oct. 25 (4 games) 6 Morgan Whitehead vs. Hartley-Melvin-Sanborn, Oct. 25 (4 games) 5 Taylor Peters vs. Sioux City West, Sept. 14 (2 games) Morgan Whitehead vs. River Valley, Sept. 14 (2 games) Morgan Whitehead vs. Bishop Garrigan, Sept. 22 (2 games) Taylor Peters vs. Storm Lake St. Mary's, Sept. 22 (2 games) Jill Kessenich vs. West Sioux, Oct. 10 (3 games) Taylor Peters vs. Holy Trinity Catholic, Nov.24 (4 games)
Most Assists	–	27 Taylor Peters vs. Trinity Christian, Oct. 8 (4 games) 25 Taylor Peters vs. Hartley-Melvin-Sanborn, Oct. 25 (4 games) 22 Taylor Peters vs. South O'Brien, Oct. 3 (5 games) 21 Mariah McCarty vs. South O'Brien, Oct. 3 (5 games) Taylor Peters vs. Stanton, Nov. 13 (4 games) 20 Taylor Peters vs. Fremont-Mills, Nov. 6 (3 games) Mariah McCarty vs. Holy Trinity Catholic, Nov.24 (4 games) 19 Mariah McCarty vs. Hartley-Melvin-Sanborn, Oct. 25 (4 games) Mariah McCarty vs. Stanton, Nov. 13 (4 games) Taylor Peters vs. Holy Trinity Catholic, Nov.24 (4 games)
Most Kills	–	22 Morgan Whitehead vs. South O'Brien, Oct. 3 (5 games) 20 Morgan Whitehead vs. Trinity Christian, Oct. 8 (4 games) 17 Morgan Whitehead vs. Hartley-Melvin-Sanborn, Oct. 25 (4 games) 16 Morgan Whitehead vs. Hinton, Oct. 17 (3 games) Morgan Whitehead vs. Stanton, Nov. 13 (4 games) 14 Hannah Kessenich vs. Hartley-Melvin-Sanborn, Oct. 25 (4 games) Morgan Whitehead vs. Siouxland Christian, Oct. 22 (3 games) Bailey Wiltgen vs. Holy Trinity Catholic, Nov.24 (4 games) 13 Morgan Whitehead vs. West Sioux, Oct. 10 (3 games) Morgan Whitehead vs. Westwood, Oct. 29 (3 games) Morgan Whitehead vs. Holy Trinity Catholic, Nov.24 (4 games) 12 Bailey Wiltgen vs. Trinity Christian, Oct. 8 (4 games)
Most Blocks	–	7 Hannah Kessenich vs. Trinity Christian, Oct. 8 (4 games) Alison Schnepf vs. Trinity Christian, Oct. 8 (4 games) Morgan Whitehead vs. Trinity Christian, Oct. 8 (4 games) 5 Hannah Kessenich vs. Remsen-Union, Sept. 17 (3 games) Alison Schnepf vs. Sioux Center, Sept. 28 (3 games)
Most Digs	–	32 Morgan Whitehead vs. South O'Brien, Oct. 3 (5 games) 23 Bailey Wiltgen vs. Hinton, Oct. 17 (3 games) 21 Morgan Whitehead vs. Akron-Westfield, Sept. 29 (3 games) 20 Jill Kessenich vs. South O'Brien, Oct. 3 (5 games) 18 Taylor Peters vs. South O'Brien, Oct. 3 (5 games) Morgan Whitehead vs. Trinity Christian, Oct. 8 (4 games) 17 Bailey Wiltgen vs. South O'Brien, Oct. 3 (5 games) 16 Bailey Wiltgen vs. Bishop Heelan, Sept. 22 (3 games)
Highest Hitting % (minimum 10 attempts)	–	.765 Morgan Whitehead vs. Siouxland Christian, Oct. 22 (3 games) .600 Megan Livermore vs. Marcus-Meriden-Cleghorn, Sept. 3 (3 games) Alison Schnepf vs. Emmetsburg, Sept. 7 (2 games) Bailey Wiltgen vs. River Valley, Sept. 14 (2 games) Bailey Wiltgen vs. Fremont-Mills, Nov. 6 (3 games) .583 Morgan Whitehead vs. Hartley-Melvin-Sanborn, Oct. 25 (4 games) .556 Morgan Whitehead vs. Fremont-Mills, Nov. 6 (3 games) .545 Alison Schnepf vs. Remsen St. Mary's, Sept. 10 (3 games)
Most Errorless Serve Attempts	–	22 Jill Kessenich vs. Trinity Christian, Oct. 8 (4 games) 17 Bailey Wiltgen vs. Siouxland Christian, Oct. 22 (3 games) Bailey Wiltgen vs. Holy Trinity Catholic, Nov.24 (4 games) 16 Miranda Bunkers vs. Marcus-Meriden-Cleghorn, Sept. 3 (3 games) Jill Kessenich vs. South O'Brien, Oct. 3 (5 games) Morgan Whitehead vs. South O'Brien, Oct. 3 (5 games) 15 Morgan Whitehead vs. Marcus-Meriden-Cleghorn, Sept. 3 (3 games)

Final Class 1A Rankings

No.	School	Record
1	Holy Trinity Catholic	47-5
2	Janesville	38-4
3	New London	37-7
4	Central Lyon	28-7
5	LeMars Gehlen Catholic	24-12
6	Stanton	37-6
7	Tripoli	24-15
8	Grandview Park Baptist	28-11
9	Winfield-Mount Union	25-11
10	Harris-Lake Park	31-11
11	Springville	30-11
12	Lisbon	25-7
13	Fremont-Mills	22-5
14	Iowa Mennonite	26-10
15	Martensdale-St. Marys	26-10

Final Class 4A Rankings

No.	School	Record
1	Harlan	37-4
2	Solon	33-3
3	West Delaware	37-6
4	Waverly-Shell Rock	46-7
5	Cedar Rapids Xavier	28-11
6	Charles City	40-7
7	Davenport Assumption	32-7
8	Indianola	29-11
9	Sioux City Bishop Heelan	32-20
10	Marion	25-16
11	Lewis Central	18-16
12	Newton	26-13
13	Webster City	24-10
14	ADM	25-13
15	Clear Creek-Amana	23-10

Final Class 2A Rankings

No.	School	Record
1	Dike-New Hartford	45-1
2	Western Christian	45-3
3	Sumner-Fredericksburg	38-4
4	Council Bluffs St. Albert	27-5
5	South Central Calhoun	38-5
6	Eddyville-Blakesburg	35-6
7	Hinton	26-8
8	Ridge View	34-8
9	Grundy Center	29-9
10	Maple Valley-Anthon-Oto	28-12
11	West Branch	26-8
12	Lake Mills	35-6
13	South O'Brien	22-7
14	Wapsie Valley	28-9
15	Treynor	23-12

Final Class 5A Rankings

No.	School	Record
1	Ankeny	37-5
2	Bettendorf	37-2
3	Ankeny Centennial	33-9
4	Urbandale	35-6
5	Pleasant Valley	28-7
6	Johnston	32-5
7	Cedar Falls	31-9
8	Dubuque Hempstead	33-6
9	Dowling Catholic	32-9
10	C.B. Abraham Lincoln	38-12

Final Class 3A Rankings

No.	School	Record
1	MOC-Floyd Valley	35-6
2	Sheldon	34-5
3	Kuemper Catholic	28-5
4	Union	28-8
5	Nevada	32-12
6	Red Oak	27-7
7	East Sac	31-5
8	Mount Vernon	26-11
9	Unity Christian	23-11
10	Independence	35-9
11	Iowa Falls-Alden	28-7
12	Sioux Center	22-13
13	Bondurant-Farrar	26-14
14	Algona	31-7
15	Center Point-Urbana	33-10

Joyful Jays

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Rylan Howe | Posted: Wednesday, November 13, 2013 10:05 pm



LeMars Gehlen Catholic players celebrate after winning match point against Stanton in the first round of the Class 1A state volleyball tournament on Wednesday, Nov. 13, in Cedar Rapids. The Jays defeated the Vikings 25-15, 25-18, 20-25, 25-22. Photo by Rylan Howe

2013 War Eagle Conference Volleyball Honor Teams

1st Team All War Eagle Conference

Tori Bishop	Senior	Hinton
Jordan Hansen	Senior	Akron-Westfield
Lauren Hedlund	Senior	Hinton
Anna Kiel	Sophomore	Unity Christian
Kasey Reuter	Senior	Hinton
Rachel Struve	Senior	South O'Brien
Jessica Timmermans	Junior	Unity Christian
Vanessa Van Den Top	Senior	Trinity Christian
Morgan Whitehead	Junior	Gehlen Catholic
Baily Wiltgen	Senior	Gehlen Catholic
Chanda Zomermaand	Sophomore	Unity Christian

2nd Team All War Eagle Conference

Josie Blankespoor	Freshman	Unity Christian
Nicole Gritters	Junior	Trinity Christian
Dana Hedlund	Senior	Akron-Westfield
Mikayla Hintz	Senior	South O'Brien
Shannon Jasper	Senior	West Sioux
Taylor Paulsen	Senior	South O'Brien
Alison Schnepf	Senior	Gehlen Catholic
Christina Stuerman	Sophomore	Hinton
Allison Timmermans	Freshman	Unity Christian
Kendra Zeutenhorst	Senior	Hartley-Melvin-Sanborn

Honorable Mention All War Eagle Conference

Bretteny Brownmiller	Junior	Remsen St. Mary's
Kortney Hedlund	Junior	Akron-Westfield
Hannah Kessenich	Senior	Gehlen Catholic
Rochelle Kooiker	Sophomore	Trinity Christian
Megan Maass	Sophomore	Remsen-Union
Haley Moser	Junior	Marcus-Meriden-Cleghorn
Rylee Negaard	Junior	West Sioux
Brylee Schindel	Senior	Hinton
Emma Sweeney	Senior	South O'Brien
Kaley Tewes	Senior	Hartley-Melvin-Sanborn

Final Standings

1.	Hinton	10-0
2.	Unity Christian	9-1
3.	South O'Brien	8-2
4.	Gehlen Catholic	7-3
5.	Trinity Christian	6-4
6.	Akron-Westfield	5-5
7.	Hartley-Melvin-Sanborn	4-6
8.	West Sioux	3-6
9.	Marcus-Meriden-Cleghorn	2-8
10.	Remsen St. Mary's	1-9
11.	Remsen-Union	0-10

2013 All District Teams

1A North West District

Nicole Gritters	Trinity Christian, Hull	12
Vanessa Van Den Top	Trinity Christian, Hull	12
Jasmine Demers	St. Mary's, Strom Lake	12
Briley Sullivan	Laurens-Marathon	12
Blair Montgomery	Clay Central-Everly	12
Jordan Hansen	Akron-Westfield	12
Angel Rasmussen	Central Lyon, Rock Rapids	11
Noreen Morrow	Harris-Lake Park	12
Claudia Larsen	Newell-Fonda	12
Morgan Whitehead	LeMars Gehlen Catholic	11
Macy Gunderson	Harris-Lake Park	12
Taylor Hovey	Bishop Garrigan, Algona	12
Sarah Halse	Central Lyon, Rock Rapids	11
Brooke Runneberg	Laurens-Marathon	11
Ashley Vande Stouwe	Central Lyon, Rock Rapids	12
Baily Wiltgen	LeMars Gehlen Catholic	12
District Coach of the Year: Jamie Helmers Central Lyon		

1A West Central District

Claire Thompson	Guthrie Center	11
McKayla Bell	Grandview Park Baptist	12
Kacie Schreck	Guthrie Center	12
Shelby Behrendt	Woodbine	12
Amy Klein	Boyer Valley	11
McKenna Zanders	Coon Rapids Bayard	11
Ashlan Thompson	Grandview Park Baptist	09
Kaylee Whittington	Grandview Park Baptist	11
Sydney Danker	Guthrie Center	11
Maddie Thompson	Grandview Park Baptist	12
Caitlyn Riese	Colo-Nesco	12
Nicole Dentlinger	Coon Rapids Bayard	12
District Coach of the Year: Kara Boyer Guthrie Center		

1A South West District

Macy Elwood	Stanton	12
Taryn Williams	Fremont Mills	11
Erin DeKay	Stanton	12
Brittany Malone	East Union	12
Anne-Marie Maher	Nishnabotna	11
Danni McCorkel	Adair-Casey	12
Adriel Hoflen	Exira-EHK	12
Carmen Subbert	Stanton	12
Vicki Kordick	Martensdale-St. Marys	12
Lexy Larsen	Sidney	10
Molly Cunard	Heartland Christian	12
Madison Walston	Bedford	12
District Coach of the Year: Jody Druivenga Stanton		

1A South Central District

Karli Smith	Lamoni	11
Megan Oswald	Murray	12
Kelsi Sieren	Keota	12
Brittany Larsen	Lamoni	10
Becca Ohland	Sigourney	12
Cassie Cullen	Lynnville-Sully	12
Jordan Carter	Sigourney	11
Hannah Barber	Murray	11
Kameo Pope	Belle Plaine	12
Tiffany Brunner	Lamoni	12
Kate Patton	Murray	12
Sydney Davis	Sigourney	12
District Coach of the Year: Jerry Shields Murray		

1A North East District

Hattie Davidson	Northwood Kensett	10
Destiny Christopher	Janesville	12
Elizabeth Seehase	Tripoli	12
Nicole Baumgartner	Starmont	11
Olivia Ingledue	AGWSR, Ackley	12
Amanda Riniker	East Buchanan	11
Samantha Tschirgi	Central Elkader	12
Madison Wood	Rockford	12
Kendyl Sorge	Janesville	11
Sylvia Amlie	Janesville	12
Brittney Hanson	Janesville	12
Toni Moeller	Tripoli	12
Anna Backstrom	Janesville	11
Paige Figanbaum	Tripoli	12
Kayla Schaufenbuel	Turkey Valley	10
District Coach of the Year: Shelly Sorenson Janesville		

1A Southeast District

Mckenna Kilburg	Lisbon	12
Sarah Holtkamp	New London	12
Nicole Wilkens	Holy Trinity Catholic	11
Maria Vonderhaar	Holy Trinity Catholic	11
Shelby Therme	Winfield-Mt. Union	12
Danielle Heiken	Lisbon	11
Elizabeth Meier	Easton Valley	12
Sami Koontz	New London	12
Mikaela Foecke	Holy Trinity Catholic	11
Emily Parks	New London	11
Casey Perez	Iowa Mennonite	12
Erica Robison	Winfield-Mt. Union	12
Megan Wagaman	Springville	10
Sidney Hopkins	Springville	12
Olivia Yutzy	Iowa Mennonite	12
District Co-Coach of the Year: Claude Howard Springville Melissa Freesmeier Holy Trinity Catholic		

2A North West District

Courtney Schafer	Boyden-Hull	11
Jade Schaap	Western Christian	12
Haley Birks	South Central Calhoun	11
Anna Davis	RidgeView	12
Lauren Hedlund	Hinton	12
Ashley Henkenius	South Central Calhoun	12
Samantha Halbur	Maple Valley Anthon Oto	12
Jamie Gesink	Western Christian	11
Kasey Reuter	Hinton	12
Ema Altena	Western Christian	11
Haley Moss	Western Christian	12
Alissa Pollema	Western Christian	12
District Coach of the Year: Jodi Cook	Hinton	

3A West District

Jenny Bair	Clarinda	12
Anna Kiel	Unity Christian	10
Shae Blum	East Sac County	12
Marti Vogel	Sheldon	12
Darcy Sunderman	Clarinda	12
Emily McDonald	MOC-Floyd Valley	12
Morgan Naberhaus	Kuemper Catholic, Carroll	12
Karla Knobbe	Kuemper Catholic, Carroll	12
Alexis Conaway	MOC-Floyd Valley	12
Jessica Van Beek	Sheldon	12
Claire Ludwig	Kuemper Catholic, Carroll	12
Kate Walker	Red Oak	11
Jennifer Buyert	Sioux Center	12
Shelby Schouten	MOC-Floyd Valley	12
District Co-Coaches of the Year: Eric Maassen Sheldon		
Keith Stickrod Kuemper Catholic		

4A West District

Jessica Schaben	Harlan	11
MacKenzie Swanson	Harlan	11
Mariah McPartland	Boone	11
Rehgan Coyle	Lewis Central	11
Kaylee Schnathorst	Webster City	12
Abby Bergsten	Lewis Central	11
Lauren Jannings	Carroll	12
Asia Kloewer	Harlan	11
Madison Heidbrink	LeMars	12
Natalie Mostek	Creston	11
Jenna Dille	Carlisle	12
Morgan Gourley	Webster City	12
District Coach of the Year: Angie Spangenberg Harlan		

5A West District:

Emilee Erichsen	Urbandale	12
Mariah Rayhons	S.E. Polk	12
Claire Wandrey	Ankeny	12
Victoria Krohn	C.B. Abe Lincoln	12
Delaney Bolton	C.B. Abe Lincoln	12
Jalynn Roberts-Lewis	D.M.Roosevelt	12
Caitlyn Foley	Sioux City East	12
Lauren Deiber	S.C. North	12
Brooke Reichart	W.D. Dowling	12
Kyla Inderski	Urbandale	12
Taylor Joens	Johnston	12
Jaali Winter	Centennial	11
Megan Ballenger	Ankeny	11
Bailee Jackson	Ames	12
Jessi Henter	W.D. Dowling	12
District Coach of the Year: Liz Baethke, Urbandale		



2013 IGCA All-State Volleyball Teams

Elite All State Team

Player of the Year: Michaela Foecke Holy Trinity Catholic

Mikaela Foecke	Holy Trinity Catholic	11
Kyla Inderski	Urbandale	12
Jess Schaben	Harlan	11
Alexis Conaway	MOC Floyd Valley	12
Briana Weber	Dike – New Hartford	11
Rachel Koop	Dike-New Hartford	11
Anna Willey	Bettendorf	12
Jaali Winters	Ankeny Centennial	11
Kasey Reuter	Hinton	12

1A All State

Player of the Year: Mikaela Foecke Holy Trinity Catholic

Coch of the Year: Shelly Sorensen Janesville

First Team

Mikaela Foecke	Holy Trinity Catholic	11
Kendyl Sorge	Janesville	11
Carmen Subbert	Stanton	12
Morgan Whitehead	Gehlen Catholic	11
Sylvia Amlie	Janesville	12
Brittany Hanson	Janesville	12
Maddie Thompson	Grandview Park Baptist	12
Toni Moeller	Tripoli	12

2nd Team

Casey Perez	Iowa Mennonite	12
Emily Parks	New London	11
Noreen Marrow	Harris Lake Park	12
Kaylee Whittington	Grandview Park Baptist	11
Sydney Danker	Guthrie Center	11
Anna Backstrom	Janesville	11
Claudia Larsen	Newell-Fonda	12
Kameo Pope	Belle Plaine	12

3rd Team

Jordan Carter	Sigourey	11
Hannah Barber	Murray	11
Vicki Kordick	Martensdale St. Mary's	12
Paige Figanbaum	Tripoli	12
Tiffany Brunner	Lamoni	12
Olivia Yutzy	Iowa Mennonite	12
Erica Robison	Winfield-Mt. Union	12
Ashley Vande Stouwe	Central Lyon	12

Honorable Mention

Sidney Hopkins	Springville	12
Megan Wagaman	Springville	12
Brooke Runneberg	Laurens-Marathon	11
McKaylla Bell	Grandview Park Baptist	12
Olivia Ingledue	AGWSR	12
Baily Wiltgen	Gehlen Catholic	12
Taylor Hovey	Bishop Garrigan	12
Destiny Christopher	Janesville	12
Erin DeKay	Stanton	12

Sarah Holtkamp	New London	12
Claire Thompson	Guthrie Center	11
Ashlan Thompson	Grandview Park Baptist	09

2A All State

Player of the Year: Briana Weber, Dike-New Hartford

Coch of the Year: Diane Harms, Dike-New Hartford

1st Team

Briana Weber	Dike-New Hartford	11
Rachel Koop	Dike-New Hartford	11
Brooke Morgan	Dike-New Hartford	11
Jamie Gesink	Western Christian	11
Kasey Reuter	Hinton	12
Haley Moss	Western Christian	12
Alissa Pollema	Western Christian	12
Karlie Taylor	E-B-F	10

2nd Team

Kylie Ferguson	Council Bluffs St. Albert	12
Ema Altena	Western Christian	12
Lizzy Blough	Dike-New Hartford	11
Kally Frisch	Sumner-Fredericksburg	12
Riley Sents	Grundy Center	11
Lindsey Petersson	West Fork	12
Jade Schaap	Western Christian	12
Gracie Myers	Treynor	12

3rd Team

Tasha Alexander	E-B-F	12
Haley Birks	South Central Calhoun	11
Brynn Reichardt	Des Moines Christian	11
Katelyn Schechinger	IKM-Manning	11
Tori Owens	Iowa City Regina	12
Kayla Prosser	South Hardin	12
Lauren Hedlund	Hinton	12
Abby Musser	Woodward Granger	11

Honorable Mention

Ashley Henkenius	South Central Calhoun	12
Courtney Schafer	Boyden-Hull	11
Paige Shafer	E-B-F	11
Ellie Herzberg	Manson NW Webster	12
Brooke Hagen	Lake Mills	11
Matti Munger	Council Bluffs St. Albert	11
Sam Halbur	MVAO	12
Augusta Sinclair	Pleasantville	12
Becca Pagel	Sumner-Fredericksburg	09
Haley Weepie	Wapsie Valley	10
Maddison Russell	West Branch	11

3A All State

Player of the Year: Alexis Conaway MOC FV

Coach of the Year: John Mouw MOC FV

First Team

Alexis Conaway	MOC-Floyd Valley	12
Claire Ludwig	Kuemper Catholic	12
Jessica Van Beek	Sheldon	12
Shelby Schouten	MOC-Floyd Valley	12
Kate Walker	Red Oak	11
Maria Wrage	Union	11
Kelsey Redmond	Iowa Falls	11

Second Team

Ali Grein	Algona	12
Morgan Melchart	Mount Vernon	11
Jennifer Buyert	Sioux Center	12
Shelby Lehman	Independence	11
Darcy Sunderman	Clarinda	12
Marti Vogel	Sheldon	12
Hannah Whitley	Mount Vernon	12

Third Team

Anna Himan	Roland Story	12
Megan Prignitz	Nevada	12
Jenny Bair	Clarinda	12
Emily McDonald	MOC-Floyd Valley	12
Breann Bader	Union	12
Anna Kiel	Unity Christian	10
Karla Knobbe	Kuemper Catholic	12

Honorable Mention

Shae Blum	East Sac County	12
Molly Kelly	West Liberty	11
Kennady Salow	Center Point-Urbana	12
Alyssa Brown	MOC-Floyd Valley	11
Morgan Naberhaus	Kuemper Catholic	12
Grace Blomstedt	Red Oak	11
Ashlee Burrows	Bondurant Farrar	12

4A All State

Player of the Year: Jessica Schaben Harlan

Coach of the Year: Angie Spangenberg Harlan

First Team

Jessica Schaben	Harlan	11
Hali Hillegas	Charles City	11
Abby Caldwell	Waverly SR	12
Danielle Cabel	Dav. Assumption	12
Eleana Gray	Waverly SR	11
Rylee Smith	Solon	11
Kaylee Smith	Indianola	12

Second Team

Jordan Runge	Solon	11
Mara Forsyth	Charles City	12

Kayla Torson	CR Xavier	12
Reghan Coyle	Lewis Central	11
Kenzie Swanson	Harlan	11
Paige Soppe	West Delaware	12
Asia Kloewer	Harlan	11

Honorable Mention

Jackie Foster	Charles City	12
Jordan Smith	Solon	11
Taylor Fredrick	Harlan	10
Abby Bergsten	Lewis Central	11
Torrie Hook	ADM	12
Mariah McPartland	Boone	11
Kaylee Schnathorst	Webster City	12
Madison Heidebrink	LeMars	12
Michaela Bleeker	Newton	12
Alyssa Thomas	Marion	10
Taelor Rempe	Pella	12
Emily Thole	West Delaware	12

5A All State

Player of the Year: Kyla Inderski Urbandale

Coach of the Year: Diane Lichtenberg Bettendorf

First Team

Kyla Inderski	Urbandale	12
Jaali Winters	Ankeny Centennial	11
Megan Ballinger	Ankeny	11
Anna Willey	Bettendorf	12
Devan Porter	Bettendorf	12
Michaela Nelson	Iowa City High	12
Taylor Joens	Johnston	12

Second Team

Caitlin Wernentin	Bettendorf	12
Claire Wandrey	Ankeny	12
Kaz Brown	Cedar Falls	12
Jessi Henter	WDM Dowling Catholic	12
Morgan Waterman	Pleasant Valley	12
Amanda Ollinger	Cedar Rapids Jefferson	10
Lauren Streets	Dubuque Hempstead	12

Honorable Mention

Monique Harris	Clinton	12
Allie Carter	Pleasant Valley	12
Brooke Reichart	WDM Dowling Catholic	12
Heather Splinter	Dubuque Hempstead	12
Emilee Erichsen	Urbandale	12
Shalyn Greenhaw	Muscatine	12
Erin Wentzel	Clinton	12
Bailee Jackson	Ames	12
Victoria Krohn	CB Abraham Lincoln	12
Mollie Mason	Iowa City West	12
Mariah Rayhons	Southeast Polk	12

2013 State Volleyball Tournament Class 1A

Wednesday, November 13 - Class 1A First Round

Top Bracket

4:00 p.m. - Court One - Gehlen Catholic 25-25-20-25, Stanton 15-18-25-22

6:00 p.m. - Court One - Holy Trinity 25-25-25, Guthrie Center 18-21-7

Bottom Bracket

4:00 p.m. - Court Two - Janesville 25-25-25, Springville 15-9-6

6:00 p.m. - Court Two - Central Lyon 22-25-25-25, Tripoli 25-20-23-23

Thursday, November 14 - Class 1A Semifinals

6:00 p.m. - Top Bracket: Holy Trinity 24-25-25-25, Gehlen Catholic 26-21-14-21

6:00 p.m. - Bottom Bracket: Janesville 25-25-25, Central Lyon 12-13-14

Friday, November 15 - Center Court - Class 1A Championship

6:00 p.m. - Janesville 25-22-25-25, Holy Trinity Catholic 10-25-14-23

Class 1A All-Tournament Team

Sylvia Amlie, Janesville

Madlyn Orton, Holy Trinity Catholic

Morgan Whitehead, LeMars Gehlen Catholic

Angel Rasmussen, Central Lyon

Brittney Hanson, Janesville

Kendyl Sorge, Janesville

Mikaela Foecke, Holy Trinity Catholic (Captain)



Rise up; this matter is in your hands. We will support you, so take courage and do it. -Ezra 10:4

2013 Gehlen Jays Volleyball Honors Page

Letterwinners: Miranda Bunkers Alison Schnepf
 Becca Feller Baily Wiltgen
 Hannah Kessenich Taylor Peters
 Sarah Konz Morgan Whitehead
 Megan Livermore Carly Bunkers
 Mariah McCarty Jill Kessenich
 Caitlin Murphy

Team Captain: Baily Wiltgen

Teammate Award: Megan Livermore

Dedication Award: Hannah Kessenich

Most Improved: Carly Bunkers & Becca Konz

Most Valuable: Morgan Whitehead & Baily Wiltgen

War Eagle All - Conference Teams

Honorable Mention: Hannah Kessenich

Second Team: Alison Schnepf

First Team: Morgan Whitehead & Baily Wiltgen

Other Honor Teams

CYO All-Tournament: Morgan Whitehead & Baily Wiltgen

IGCA All-NW District: Morgan Whitehead & Baily Wiltgen

IGCA All-State: 1st Team: Morgan Whitehead
 Honorable Mention: Baily Wiltgen

All NW IA Review: 2nd Team: Morgan Whitehead
 3rd Team: Baily Wiltgen

The 2013 Gehlen Team won the Distinguished in Academic Achievement Award. This award requires the entire high school squad to average over a 3.25 GPA for the first quarter of 2013.